



Warwick Workouts

Advanced Offensive Player Development Camps and Clinics

Powered by Avera Sports

3rd-5th Grade Basketball Workouts w/ Warwick Workout Trainer Kevin Ratzsch

Location: The Barn (5237 Highway 12 E, Abdn SD)

3rd-5th Grade - Advanced Offensive Skills Workouts

Weekly Workouts are the foundation to becoming a skilled basketball player. Athletes of all skill levels will benefit from the intensity and progression of weekly workouts. The foundational skills needed to be a great ball handler, shooter, and scorer are taught and built upon each week. The routines and drills taught during Warwick Workouts provide athletes with an easy transition to incorporate the skill development work into their individual or team workouts.

April 12	2:15-3:45
April 19	2:15-3:45
April 26	2:15-3:45
** May 3	No Workout
May 10	2:15-3:45
May 17	2:15-3:45

Each athlete will receive a Warwick Workout T-shirt.

Cost: \$119 Payment is collect online at time of registration.

3rd-5th Grade - 30/30/30 Competition Workouts

30-30-30 is a competitive workout that focuses on skill development work needed to be a great ball handler, shooter, and scorer, drills that incorporate those skills and competitive play situations at the end of the workout to apply what was taught in live 1-1 and 2-2 situations.

April 11	1:30-3:00
April 18	1:30-3:00
April 25	1:30-3:00
** May 2	No Workout
May 9	1:30-3:00
May 16	3:00-4:30

Each athlete will receive a Warwick Workout T-shirt.

Cost: \$119 Payment is collect online at time of registration.

Register online at

www.warwickworkouts.com

Find your session under the register for workouts tab

Contact Kevin Ratzsch with questions about weekly workouts in Aberdeen

Email: kevin.warwickworkouts@gmail.com

WHERE CHAMPIONS TRAIN.